



**Knights of
Columbus®**

FEBRUARY 2025 NEWSLETTER

St. Elizabeth Ann Seton Council #14754

WEBSITE WWW.KOC14754.ORG



Happy Birthday!

February 2025
BIRTHDAYS & Years
of Service

- 05 Michael Zulfa 16
- 07 Joel Molina 2
- 10 Michael Murillo 1
- 13 Martin Pequeno 11
- 14 Andres Ordonez 10
- 14 Terry Pelton 16
- 15 Darren Olliver 14
- 16 Greg Butchko 9
- 20 Michael Vander Poel 1
- 22 George Ayonayon 4
- 23 Kevin Palla 3
- 26 Frank Kuhs 5
- 27 Ryan Fachin 15
- 27 Mike Neal 56
- 28 John Gonzales 4

FEBRUARY BIRTHDAYS

These 15 members have 11 average years of service ranging from one to 56 years. This month's average age is 56 ranging from 19 to 77. January birthdays include PGK Mike Neal who is also a charter and honorary life member. He also has the highest years of service in our council. Terry Pelton and Mike Zulfa are also charter members. In this month's 15 birthdays 14 are third degree members and one is still a second-degree member.

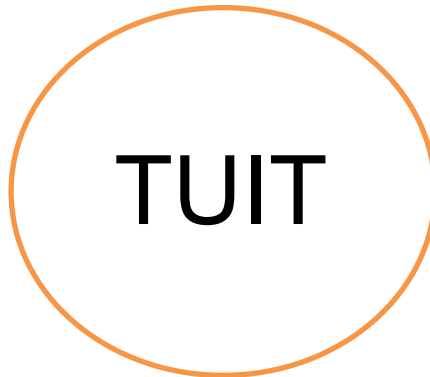
See our website calendar and the SEAS website calendar for upcoming events council and parish events.

IN THIS ISSUE: _____

- Fr. Perry's February article
- Grand Knight's February article
- SEAS Men's Retreat Report, by Ed Knudson
- Dues Update, by Craig Holiday, Membership Director

The submission deadline for our March newsletter is 3/07/2025 Please email submissions to Jim Patten (jpinbakca@gmail.com).

HERE IS A ROUND TUIT. JUST CUT IT OUT OR PASTE IT ON YOUR DESK TOP TO KEEP IT HANDY WHEN YOU HAVE A TASK AND YOU KNOW YOU NEED TO GET AROUND TO IT.



FR. PERRY'S FEBRUARY 2025 ARTICLE

Dear Brother Knights and Friends:

Wednesday, March 5, should be on your calendar! On that Ash Wednesday, ashes will be distributed and placed on our foreheads as a symbol of our repentance during the Season of Lent. We will make a spiritual journey of 40 days towards the celebration of the "Paschal Mystery"—Christ's suffering, death and resurrection.

As you probably know, every Friday during Lent, Catholics are to abstain from eating meat. This act of "denying the flesh" is a simple way of entering into the mystery of Christ's sacrifice for us. He denied his own flesh by willingly laying it down on the Cross. Our participation in this act helps identify us with the passion of Christ. Even though it is a simple act of repentance, everyone should find a way of abstaining in some way from the pleasures of life that we take for granted. Any small act of abstinence, done with love, can bring powerful blessings to us.

The Knights assist the parish in keeping this Lenten requirement by having a Fish Fry on those Lenten Fridays. Not only does the meatless meal help us fulfill our Friday obligation, but it brings our community together in a common spiritual practice which can strengthen us as a parish family. I am grateful to all our volunteers who help make this annual tradition possible!

Let us make a conscience decision to embrace Lent in its fullness. By the sacrifices we are willing to make, we will walk with the Lord as he carried his Cross and come to the beauty and joy of Easter!

Msgr Perry Kavookjian
Chaplain

GRAND KNIGHT'S FEBRUARY ARTICLE,

Happy February 2025! This fraternal year is flying by and one of my favorite feast days comes on February 11. It is the feast of Our Lady of Lourdes. Monica and I have had the opportunity to visit Lourdes in 2016 during the Jubilee Year of Mercy. I invite you to take a few minutes to see the grotto in Lourdes on a Live Cam which gives you a glimpse of the Sanctuary of Lourdes. Lourdes is 9 hours ahead of Pacific time.

I am currently watching a worker replace all the candles on the candelabra with a beautiful statue of the Virgin Mary in the Grotto. Go online and enjoy a Mass, Rosary, and Adoration

[**DIRECT FROM LOURDES - Lourdes Live TV**](#) (Paste this link into your browser to get TV Lourdes, the official Live TV web service of the Sanctuaries of Our Lady of Lourdes. Broadcasting webcam images 24 hours a day, 7 days a week, direct from Lourdes.)

Schedule

Mass times

9.00 am – Chapel of St Jean-Marie Vianney

09.30 am – International Mass, St Pius X (Wed & Sun only)

10.30 pm – Grotto

Other celebrations

- Rosary *at the Grotto* 3 pm
- Adoration – *Adoration Chapel* 9 am – 6 pm
- Confessions *on request* 10 – 12 am & 3.30 – 5 pm
- Adoration & Blessing 5 pm
- Torchlight Procession 9 pm

The famous SEAS Lenten K of C Fish Dinners will be on Fridays March 7, 14, 21, 28 and April 4 and 11. This year invite your family, friends, and neighbors to enjoy these delicious Fish

dinners. More details including Knights volunteer signups will soon be available. Note I will be sending Flocknotes to keep you updated on various Knights activities over the next five months that will include a fifth Sunday Rosary for you and family on March 30th after the 7:30 AM Mass and a SEAS Golf Tournament at Riverlakes Ranch Golf Course on May 3, 2025.

Thank you, Brother Knights, for your hours of service for Faith, Family, Community, and Life Activities for the calendar year. Looking forward to seeing Knights at the Business Meeting and Social Dinner Meetings.

Vivat Jesus!
GK Bill Jeffries

SEAS Men's Retreat Report by Ed Knudson

Fifty Catholic men from St Elizabeth Ann Seton parish held their 12th annual retreat at the beautiful and tranquil St Anthony's Retreat Center at Three Rivers, January 24-26. The center is perfect for fellowship, individual reflection, and group instruction. Father Jim Nisbet returned for the 7th year and provided a thought-provoking journey from the teachings of Saint Peter, as they apply to living in the 21st century. This year's retreat was the largest attendance we have had, and of the group, 18 men were there for the first time.

We arrived over a warm, sunny afternoon on Friday, January 24, and were greeted by half-a-dozen wild turkeys. Friday afternoon is filled with room check-in, getting oriented to the center, and greeting friends from years' past. The retreat officially begins with Mass, celebrated by Fr. Jim, at 6pm. The first instructional session is that evening following dinner. Friday evening closes with fellowship and hospitality.

Mass is also held on Saturday and Sunday mornings before breakfast. There are a total of 4 instructional sessions over the course of the retreat, each followed by a small group discussion led by men who have attended previously. The small group sessions are to reinforce the instruction from the session, and for sharing personal experiences.

The instructional sessions are scheduled to ensure ample time for fellowship, individual reflection, walking the beautiful grounds, or reading. A highlight of each retreat is Fr. Jim's walking instruction in the beautiful Stations of the Cross grotto. Year after year, every attendee joins this amazing experience. Following dinner on Saturday there is an optional movie which is always a religiously based theme and educational. Saturday afternoon or evening has the Sacrament of Reconciliation available when possible.

Sunday morning Mass is a teaching mass before breakfast. The final instructional session follows and is closed by a retreat debrief.

We always learn from each other, and the retreat gets stronger every year. The 13th Annual SEAS Men's Retreat is scheduled, and already booked at St Anthony's Retreat Center, for **Friday, January 23 – Sunday, January 25, 2026. Please put it on your calendars.** You can view the YouTube video recordings of this year's instructional sessions at by pasting each of the following into your web browser.

[12th Annual Men's Retreat Session 4](#)

[12th Annual Men's Retreat Session 3](#)

[12th Annual Men's Retreat Session 2](#)

[12th Annual Men's Treat Session 1](#)

Dues Update February 1, 2025: By Craig Holliday

We nearly have two thirds of our members paid up for their 2025 Council dues. There are currently 66 members who have not yet paid their dues. We mailed out second dues notices in the middle of January. Third dues notices will go out in mid-February. As a reminder you may pay your dues online or by sending in your dues letter and a check to Christopher Zeimer, K of C Council 14754, 11704 Copernicus Ave., Bakersfield CA 93312.